

Welcome to the new clean!

Congratulations on your MamaToto and Grounded purchases.

The below products are safe for your baby, and your cloth nappies to keep them working for years to come!

Conventional detergents, fabric softeners, and bleach not only linger in your cloth nappies and can irritate your baby's skin in their sensitive parts, but they can also damage fabric and absorption with repeated uses.

Before using your new set of MamaToto Diapers, please prepare them by:

- Soaking the cotton absorber, booster, and cloth wipes in **Grounded Softener for 24 hours** and wash with **Grounded Laundry Powder and hot water** to set colors and shrink fabric before use.
- Do not soak cover, wet bag, laundry bag, or snack bag

PREPARATION

For Covers - No need to wash unless soiled. Wash in warm, not hot water. We recommend to wash them separately from the absorbers and liners.

For Absorbers & Liners - Remove all lumps of poo and flush down toilet immediately. Rinse your diapers with water and place in a laundry bag.



Optional: Spray **Stain Remover** if desired to let "sit" before washing.

Plan to wash your soiled diapers every 2-3 days.

LAUNDRY POWDER

Comes with a



Machine Wash

Spray Stain Remover on soiled area if desired before adding to machine.

Use scoop provided (30ml)

Add absorbers, and liners to machine.

Add 1 scoop to tray of machine, or into drum.

Hand Wash

Spray Stain Remover on soiled area if desired and let sit.

Use 1 scoop (30ml) for every 10L of water. Swirl with hand until milky and a bit foamy.

Add absorbers and liners to basin, and wash.

Apply **Laundry Bar** on both sides of cotton for tricky stains, or wash and repeat. Rinse with clean water.

FABRIC SOFTENER

Use a



Machine Wash

Add 120 ml into tray or up to line as designated by machine.

**Grounded Softener is not like conventional softeners which damage the absorption of the cotton.

*This step is optional, but recommended

Hand Wash

After washing, make a basin with 250 ml of softener and 10L of water in a separate basin. Add clean absorbers and liners and agitate.

For large loads, rinse again in water, then hang dry.

*This step is optional, but recommended

FABRIC BRIGHTENER

*Color safe

Use



Machine Wash

Add 60 ml into tray to boost cleaning power regularly.

This also helps with disinfecting to remove any lingering odors.

Stripping & Soaking - Absorbers & Liners

- Use **regularly** if washing in cold water
- Use **periodically** if washing in hot water.

Add 1 L to soaking basin with 10L water and soak for 2 hours or overnight.



FAQs

- **Will my nappies smell?**

- The longer between use and laundering, yes they will start to smell!
 - Make sure to remove any pieces of poo first, and rinse with water.
 - Spray a bit of **Grounded Stain Remover** to let sit before washing.
 - Put into an enclosed container or zipped bag - see the [Laundry Bag from Mama toto](#), or [wet bag](#) for when you're on the go.
 - Wash every 2-4 days

- **Should I use diaper rash cream?**

- We do not recommend it!
- Why? The ingredients in most creams can affect the long term absorption of cotton. We recommend coconut oil or another natural moisturizer for irritated bums.

- **I thought we aren't meant to use bleach on cloth nappies!**

- Good news! Grounded's Brightening is not a bleach, it's made from Hydrogen Peroxide which helps to remove any debris and acts as a disinfectant. We recommend to use it regularly, but others may opt to use it when stripping or doing a deep clean on the cloth nappies.
- **MamaToto and Grounded lab-tested our washing protocols and found the diapers passed all bacteria and microbe tests!**

- **I thought we weren't supposed to use fabric softener?**

- Good news! Grounded's fabric softener is not like conventional softeners which use harmful chemicals and artificial fragrances.
- Grounded's softener is made from herbal vinegar - this helps to freshen the cloth, and vinegar helps lift out any remaining soap, minerals, or other items stuck into the fabric increasing the absorbency of the cotton.
- Thick conventional softeners not only have artificial fragrances that can be harmful to children, but they get stuck in cloth which can make them less absorbent over time.

- **My baby's skin seems irritated - what should I do?**

- We recommend following the "stripping and soaking" instructions above to give it a nice thorough disinfecting cycle..