

GENERAL CLEANING TIPS

Thank you for using Grounded!
Effective & Safe. Good for you, good for the environment!

Tips:

1. When cleaning, start with high areas then finish with floors.
2. Follow the product instructions. Use the recommended amount for best results.
3. Shake products well.
4. Do not mix products unless instructed.
5. For wood, antiques, or sensitive surfaces, test products in a small area before using. Spray onto cloth, not surface.

DEEP CLEANING DURING COVID19

1. Remove germs, dirt, and grime with soap like **Pure Soap Concentrate** or **Spray Deep**.
2. After soap, kill any remaining microbes on high touch areas with **Disinfectant** after cleaning with soap.

*Do not mix Grounded sprays with other products unless instructed.

LAUNDRY

Pre-Treating Stains

1. Fill basin with water (~10 liters).
2. Wet and spot treat stains with **Grounded Laundry Bar** from both sides.
3. Add 1 liter of **Grounded Brightening**.
4. Add clothes. Soak for 1 hour. Dispose of water. Wring clothes. Wash in machine.

Safety: When using Brightening, we recommend wearing gloves if hands are immersed.

Machine Washing



Add 30 ml of **Grounded Laundry** powder to washing machine tray.



If clothes are dull, add 60 ml of **Grounded Brightening** to tray.



Add 120 ml of **Grounded Softener** to tray (or as per washing machine recommendation).

Note: Keep Grounded Brightening out of the sun. Though you may not see suds, the soap is working!

Laundry Bar

- Wet bar and clothes. Scrub bar directly onto stains, from both sides of the fabric.

Questions? Call, WhatsApp, or Email us!
0740410585 or get@grounded.co.ke

We recycle within Nairobi! Keep your empty bottles and return with your next delivery.

Natural Cleaning USER GUIDE

Welcome to the new clean.

CONCENTRATES & ALL PURPOSE

Pure Soap Concentrate

- This is an all purpose powerful liquid Castile soap!
- 30ml to a bucket for mopping, general cleaning with a cloth.
- Dilute 1:3 and add a bit of **bicarbonate soda** to make your own **Spray-Deep**.
- Dilute for dishes, body, clothes, pets, and more!

Daily Concentrate

- This is an all purpose powerful vinegar concentrate. Repels dudu, good for grease and deodorizing.
- 200 ml to a bucket to use for mopping.
- Dilute 1:1 with water to make your own **Spray-Daily**.

SPRAYS & SURFACES

Spray - Deep

All Purpose! Sudsy. Great for bathrooms and major cleanups. Shake well. Spray onto surface, or onto damp cloth then wipe surface. Super strong!

Spray - Daily

All Purpose! Infused vinegar that also repels dudu, and is great for deodorizing. Shake well. Spray onto surface. Wipe with damp cloth. **Do not use on exposed concrete or stone as it may stain or etch over time.**

Windows & Mirrors

- Shake well. Spray onto surface. Wipe dry.
- Tip: Wipe with newspaper for best results.

Scouring Powder

- Sprinkle on surfaces with hard-to-clean stains and spots, i.e. pots, pans, grout, tile, toilets, etc.
- Use sponge, steel wool, or brush and a bit of water to bring to suds. Rinse.

Disinfectant

- Shake well. Spray onto handles, taps, light switches, cutting boards. Most effective if allowed to air-dry or leave for 5 minutes.
- Refill from bulk Disinfectant. Color safe on clothes/fabrics. *Safety:* Do not allow exposed contact to skin. Do not mix with other cleaners. Keep out of direct sunlight or it will lose its effectiveness. Test on small area before using - eg: wood, antiques etc.

Toilets

- Shake well. Lightly squeeze 1 circle around the toilet bowl. Scrub to suds and let sit while cleaning the rest of the bathroom. Flush. Works well with **Scouring Powder**.

Dishes

- Use a damp sponge; **not dripping**. Squeeze excess water from the sponge before wiping up soap.
- At the end of washing, dump excess soapy water from the tub into the sink or basin.